

# PBIS Bullying Publications

Go to [www.pbis.org](http://www.pbis.org)

Go to the “Top 5 Current Topics” section of the Home Page and click on the Bullying Icon.

You will find one article: “Reducing the Effectiveness of Bullying Behavior in Schools,” which describes the relationship between PBIS programs and bullying.

You will find two curriculum manuals:

- “Bully Prevention in Positive Behavior Support” (elementary)
- “Bully Prevention in Positive Behavior Support for Middle Schools”

Each manual is contains an anti-bullying curriculum and consists of 9 sections organized as follows:

1. Teaching student anti-bullying skills (50 minutes)
  - a. Reviews school-wide expectations and their relation to bullying
  - b. Teaches: “Stop---Walk---Talk” strategy
  - c. Differentiates “talking” from “tattling”
2. Teaching student responses to “Stop---Walk---Talk” strategy use and teacher responses to the “Talk” strategy use.
  - a. Students should “Stop---Breathe/Count---Go on with your day”
  - b. Teachers should
    - i. Say “thank you for coming to talk with me”
    - ii. Ask the student what the problem is and listen
    - iii. Ask the student if they said “Stop”
    - iv. Ask the student if they calmly “walked”
    - v. Praise and/or practice depending on the student response
3. Responding to gossip
  - a. “Stop---Walk---Talk”
  - b. “Stop---Breathe/Count---Go on with your day”

4. Responding to inappropriate remarks
  - a. "Stop---Walk---Talk"
  - b. "Stop---Breathe/Count---Go on with your day"
5. Responding to cyber-bullying
  - a. "Stop---Talk" (no Walk)
  - b. "Stop---Breathe/Count---Go on with your day"
6. Staff supervision and monitoring
  - a. Preteaching
  - b. Praise
  - c. Correction
  - d. Victims and perpetrators
7. Staff follow-up
  - a. Simple staff surveys
  - b. Assess effectiveness and possible explanations
8. PBIS conceptual framework
  - a. PBIS concepts
  - b. Tier 1 add-on
  - c. Could have Tier 2 applications for both frequent victims and perpetrators
9. References